





Fruit offered daily as a breakfast choice. 8 fluid ounces of nonfat chocolate or 1% white milk served with each meal.

**Breakfast & Lunch Menu  
June-August 2019  
Selah Summer Meals**

This institution is an equal opportunity provider and employer.  
Menu items may change without notice.

	TUESDAY	WEDNESDAY	THURSDAY	
	<b>June 18</b> <b>Breakfast:</b> Cereal & Graham Bear  <b>Lunch:</b> Cheeseburger Choice of: TaterTots, Apples	<b>June 19</b> <b>Breakfast:</b> Honey Bun  <b>Lunch:</b> Chips and Nacho Cheese Choice of: Celery Sticks, Orange Wedges	<b>June 20</b> <b>Breakfast:</b> French Toast Sticks & Syrup  <b>Lunch:</b> Chickenwich Choice of: Carrots, Fresh Fruit	
	<b>June 25</b> <b>Breakfast:</b> Muffin  <b>Lunch:</b> Pizza Choice of: Green Salad, Watermelon	<b>June 26</b> <b>Breakfast:</b> Waffle & Syrup  <b>Lunch:</b> Burrito Choice Of: Cucumbers, Fresh Fruit	<b>June 27</b> <b>Breakfast:</b> Breakfast Pizza  <b>Lunch:</b> BBQ Rib Deli Sandwich Choice of: Carrots, Mixed Fruit	
	<b>July 2nd</b> <b>Breakfast:</b> Ham/Cheese/Egg Sandwich  <b>Lunch:</b> Mandarin OrangeChicken/Rice Choice of: Cucumbers, Pears	<b>July 3rd</b> <b>Breakfast:</b> Fresh Fruit Smoothie  <b>Lunch:</b> Hot Dog Choice of: Baked fries, Watermelon	  <b>July 4th</b> Closed No Meals Served	
	<b>July 9</b> <b>Breakfast:</b> Pancakes & Syrup  <b>Lunch:</b> Hamburger Choice Of: Tomato, Melon	<b>July 10</b> <b>Breakfast:</b> Waffle & Syrup  <b>Lunch:</b> Cheese Enchilada Choice Of: Cauliflower, Fresh Fruit	<b>July 11</b> <b>Breakfast:</b> French Toast Sticks & Syrup  <b>Lunch:</b> Mozzarella Breadsticks w/Marinara Choice Of: Celery Sticks, Fresh Fruit	
	<b>July 16</b> <b>Breakfast:</b> Muffin  <b>Lunch:</b> Corn Dog Choice Of: Cauliflower, Fresh Pineapple	<b>July 17</b> <b>Breakfast:</b> Bagel & Cream Cheese  <b>Lunch:</b> Pizza Choice Of: Celery, Fresh Fruit	<b>July 18</b> <b>Breakfast:</b> Honey Bun  <b>Lunch:</b> Chicken Nuggets Choice Of: Green Beans, Pears	
	<b>July 23</b> Breakfast: French Toast & Syrup  <b>Lunch:</b> Chicken Caesar Salad Choice Of: Carrots, Melon	<b>July 24</b> <b>Breakfast:</b> Sausage/Cheese/Egg Sandwich  <b>Lunch:</b> Cheeseburger Choice Of: Tomato, Fresh Fruit	<b>July 25</b> <b>Breakfast:</b> Waffles & Syrup  <b>Lunch:</b> Chicken Strips Choice Of: waffle fries, fresh Fruit	
	<b>July 30</b> <b>Breakfast:</b> Honey Bun  <b>Lunch:</b> Chickenwich  Choice of: Broccoli, Pears	<b>July 31</b> <b>Breakfast:</b> Pancake/Sausage Stick  <b>Lunch:</b> Ham Bagel w/cream cheese Choice of: Tomato, Tropical Fruit Mix	<b>August 2</b> <b>Breakfast:</b> Fresh Fruit Smoothie  <b>Lunch:</b> Cheese Quesadilla Choice of: Fruit and Vegetable	
	<b>August 6</b> <b>Breakfast:</b> Cook's Choice  <b>Lunch:</b> Chicken Crispito Choice of: Carrots, Mixed Fruit	<b>August 7</b> <b>Breakfast:</b> Cook's Choice  <b>Lunch:</b> Cheeseburger Sliders Choice of: Carrots, Pears	<b>August 8</b> <b>Breakfast:</b> Cook's Choice  <b>Lunch:</b> Popcorn Chicken Choice of: Fruit and Vegetable	